

# Key Saints and Blesseds

## *Holy Young Adult Companions*

Bl. Pier Giorgio Frassati (1901-1925, feast day July 4), patron of young adults, athletes, and World Youth Day. Called the Man of the Beatitudes by St. John Paul II, who noted Frassati was “a young man filled with a joy that swept everything along with it, a joy that also overcame many difficulties in his life.”

St. John Paul II, Address to the Young People in Turn (April 13, 1980), no. 4: Insegnamenti 3, 1 (1980), 905.)



St. Kateri Tekakwitha (1676-1680, feast day July 14), patroness of indigenous persons, Native Americans, and the environment. Kateri, “a young native of North America, was persecuted for her faith and, to escape, walked over three hundred kilometers in the wilderness” and “consecrated herself to God” (CV, no. 55).

Bl. Andrew Phú Yên (1624-1644, feast day July 26), “a young Vietnamese man of the seventeenth century” who “was a catechist and assisted the missionaries... imprisoned for his faith and since he refused to renounce it, he was killed... died uttering the name of Jesus” (CV, no. 54).



St. Thérèse of Lisieux (1873-1897, feast day October 1), patroness of the missions and known as the Little Flower. Recognized as a doctor of the Church, Thérèse “lived the little way of complete trust in the Lord’s love and determined to fan with her prayers the fire of love burning in the heart of the Church” (CV, no. 57).



# Key Saints and Blesseds

## *Holy Young Adult Companions continued...*

Ven. Augustus Tolton (1854-1897), the first priest of acknowledged African descent in the United States who, as a young adult in his early 30s, took up his mission to serve marginalized communities in Chicago against great adversity and racism. His cause for canonization is currently active.

St. John Paul II (1920-2005, feast day October 22), pope from 1978 to 2005 and founder and patron saint of World Youth Day; originally from Poland, Karol Józef Wojtyła entered seminary life in secret as a young adult during the Nazi occupation of his country during WWII and, upon ordination in 1946, served actively in ministry with young adults throughout his priesthood and episcopal service.



Ven. Jan Tyranowski (1901-1947), lay minister, mentor, teacher, and friend of Karol Wojtyła during his young adult years in Kraków, Poland; worked professionally as an accountant and tailor, yet was inspired by the local Salesian community during WWII to engage in the spiritual life and ministry with young adults.

