

# Art of Witness: A Celebration of Jesus in the Eucharist



As has been the case throughout history and across cultures, artists have the skills to tell our Christian story, keep sacred traditions alive, and communicate mysteries of faith that are otherwise difficult to express through the use of mere words.

“Art of Witness: A Celebration of Jesus in the Eucharist” features teachers from our Hawaii Catholic Schools and parishes. They are men and women of faith and talented artists who will creatively immerse us in the beauty of the source and summit of our faith – the Real Presence of Jesus in the Eucharist – and inspire in us new ways to proclaim the Truth to the world.

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## SCHEDULE

- 7:30 AM Morning Mass followed by Exposition of the Blessed Sacrament
- 9 AM – 9:30 AM Praise and Worship – Saint Louis School LIFE Team
- 9:30 AM – 9:45 AM Welcome remarks  
Jayne Ragasa-Mondoy, Diocesan Director of Faith Formation  
Dr. Llewellyn Young, Superintendent, Hawaii Catholic Schools  
Mandy Thronas-Brown, Associate Superintendent, Hawaii Catholic Schools
- 9:45 AM – 10:10 AM “Key Note” – Leo Delgado
- 10:30 AM – 11:30 AM Section I sessions
- 11:30 AM – 11:50 AM Snack Break
- 11:50 AM – 12:50 PM Section 2 sessions

# Key Note

9:45 - 10:10 AM

Leo Delgado

*Where do I begin to tell the story of how great a love can be, the great love story that is older than the sea...* This classic, secular song by Andy Williams captures our predicament in witnessing to Jesus. We are bearers of the greatest love story ever told; witness to the greatest love there is. This should give us the impetus, the energy, the heart, the source, and reason for Christian witness. But where do we begin?

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## Section I Sessions

10:30 - 11:30 AM

### 101. My Soul Sings!

Artist: Shanita Akana

This session will highlight Shanita's favorite songs and quote of select Saints and Catholic composers on the Holy Eucharist. She will also share two original compositions, one in particular where she drew inspiration while meditating in front of the Blessed Sacrament.

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### 102. Sing Praises to our God

Artist: Cora Aczon

This session will showcase songs, vocal techniques, and activities to enrich choral experience, especially for young people. The session will also try to help us to inspire children to develop good listening skills, verbal skills, and social skills. Through singing experiences, we lift our voices in praise of God and in celebration of the Eucharist as prayers set into music.

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### 103. The Catholic Integration of Chant, Song, & Dance

Artists: Dallas V. Carter, Jr.  
& Mariah Carter

St Damien of Molokai embraced our beautiful Hawaiian culture and used it to strengthen the prayer of the faithful in his care and to evangelize. Let us explore the Hawaiian culture and cosmology that has not only given us wonderful insights into our Catholic Faith but has also blessed us with a unique way to honor our Lord through our culture's chant, song, and dance.

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### 104. Creating a Sacred Space in the Home

Artist: Sr. Mercedita Estrella, SPC

The home is the place where children receive the first proclamation of the faith. A beautiful sacred space creates a special environment in the home to gather in prayer and serve as a visual reminder of Jesus' presence every moment of our lives.

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## Section 1 Sessions (cont'd)

10:30 – 11:30 AM

### **105. We Come to Your Feast, A Musical Retelling of the Last Supper**

Artist: Michael Paekukui

Let's set the table and get ready for the Feast! Participants will create a musical retelling of the Last Supper using simple gestures and familiar lyrics and melodies. How can the Arts infuse multiple cultural perspectives respectfully to honor the holiness and centrality of the Eucharist in our beloved Hawai'i? Let's explore!

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### **106. Meditative Movement: Calming and Balancing the Mind, Body, and Soul**

Artist: Sharyse Tacey

I will be guiding you in five simple movements, accessible by all, that you can integrate into your daily routine for overall health and wellness. Done in about fifteen minutes, your spine will be relieved of pressure, joints will be lubricated, and internal organs revitalized. Additionally, these heart-centered movements can clear the way to contemplate Sacred Scripture in a prayerful, meditative state.

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### **107. Watercolor Crucifix and Monstrance Art**

Artist: Stacey Taylor

We will create a watercolor silhouette of the crucified Christ using the wet on wet watercolor technique. While the background is drying, we will design our own monstrances on black scratch-off paper. When finished with our monstrance we will then finish up our crucifix with the shadow of the crucified Christ.

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### **108. Labyrinth: self-guided meditation**

Self-guided  
(written instructions available in room)

In this quiet, meditative space, you are welcome to ponder Christ's presence in your life as you follow a soothing, geometric path that leads to the center and back out to the beginning. It's a peaceful journey: there is no wrong way! The path is not intended to trick or confuse like a maze. It is meant to help us to stop the daily routine and slow down so that we can better listen to the voice of God.

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## Section 2 Sessions

11:50 AM – 12:50 PM

### **201. The Catholic Integration of Chant, Song, & Dance**

Artists: Dallas V. Carter, Jr.  
& Mariah Carter

(Repeat of session 103.)

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## Section 2 Sessions (cont'd) 11:50 AM - 12:50 PM

### 202. Witness to the Truth

Artist: Leo Delgado

#### (and nothing but the Truth.)

Are you involved in your parish/school liturgical ministries? Or were interested but first wanted to learn more? In this session we will examine ways in which the liturgical ministries are a powerful form of witness through creating an environment that draws the faithful into an encounter with Christ's Real Presence. We do this by balancing form, function, and - most importantly - an abundance of Christian love that emanates from the heart.

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### 203. Creating a Sacred Space in the Home

Artist: Sr. Mercedita Estrella, SPC

(Repeat of session 104.)

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### 204. Praying with Color and Pencil

Artist: Cynthia McIntyre

*No artistic experience or talent required.* Inspired by the book *Praying in Color*, this session will combine prayer with art, doodling and mindful practice. Relaxing your mind and your body opens up your connection with God, not only to express your thoughts, but to hear what God is saying to you. We will focus on spending time with God, prayers of gratitude and scripture prayers.

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### 205. We Come to Your Feast, A Musical Retelling of the Last Supper

Artist: Michael Paekukui

(Repeat of session 105.)

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### 206. Prayer Meditation Nature Walk: Diving Deeper Into the Present Moment

Artist: Sharyse Tacey

What happens when we allow ourselves to really be in the present moment? How does God speak to us? Let's join each other for a short walk, taking in the sights, smells, and sensations, experiencing what is. We will also have time for reflective journaling, and sharing with another through an authentic connecting exercise. You may be surprised to learn what needed to move through you!

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### 207. Watercolor Crucifix and Monstrance Art

Artist: Stacey Taylor

We will create a watercolor silhouette of the crucified Christ using the wet on wet watercolor technique. While the background is drying, we will design our own monstrances on black scratch-off paper. When finished with our monstrance we will then finish up our crucifix with the shadow of the crucified Christ.

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### 208. Labyrinth: self-guided meditation

self-guided

(written instructions available in room)

(Refer to session 108 for description.)

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