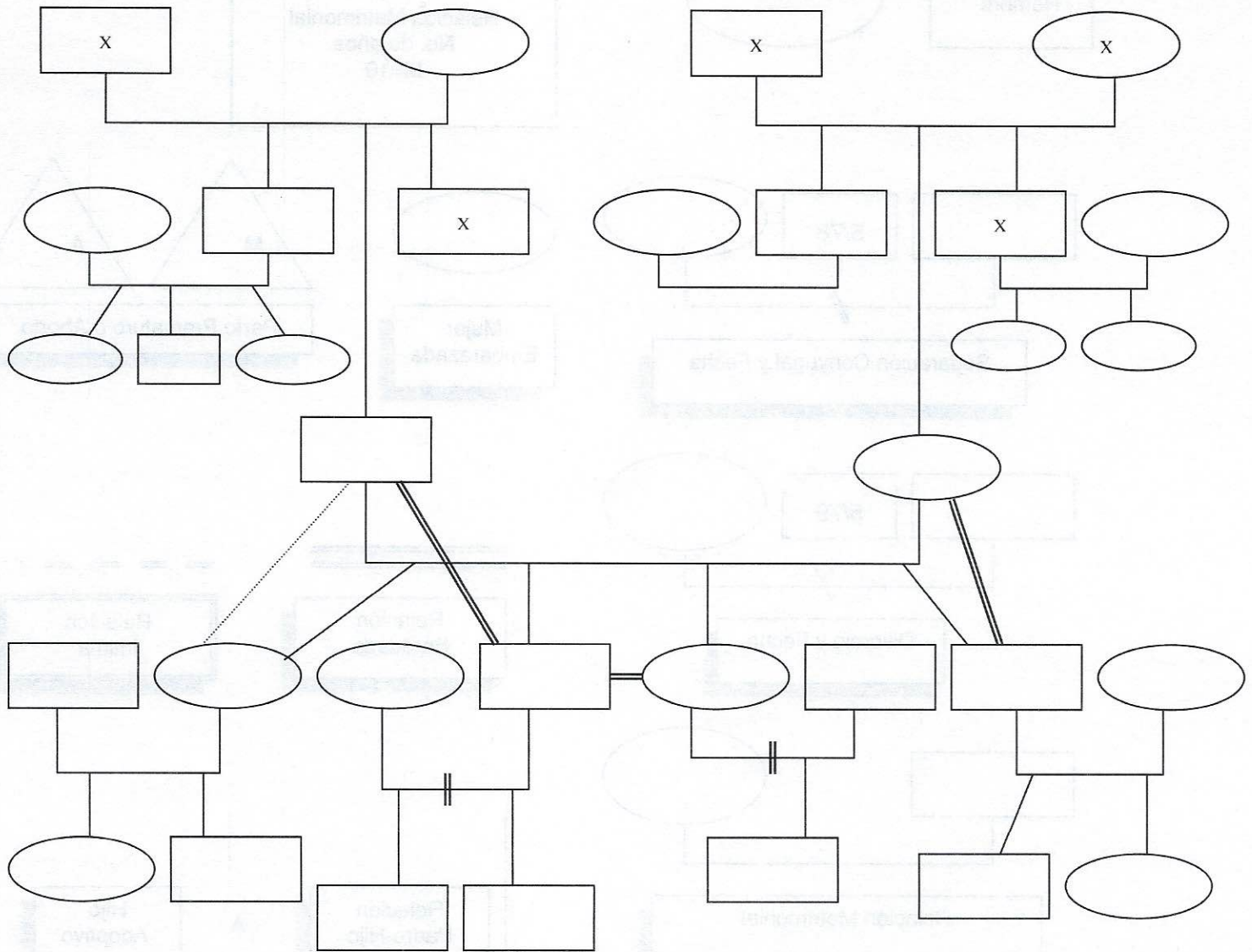


# Example of a 4-Generational Genogram



- 1<sup>st</sup> Generation** Paternal/Maternal Grandparents
- 2<sup>nd</sup> Generation** Parents & their siblings
- 3<sup>rd</sup> Generation** Self & siblings (spouses added)
- 4<sup>th</sup> Generation** Own children (and siblings' children)

(Note example symbols included in above genogram. See handout, *Genogram Chart*, for symbol explanation.)

# MY FAMILY OF ORIGIN

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- Draw a simple genogram below of your family of origin.
  - Put a word beside each person that might describe him/her or sum up that person's role in the family.
  - Consider the relationships between people:
    - What relationships are particularly close or strong?
      - Draw double lines ===== to indicate these.
    - What relationships are weak or cut-off?
      - Draw cut-off or dotted lines - - - - - to indicate these.
    - What relationships are conflictual?
      - Draw jagged lines ^^^^^ to indicate these.
  - Using a different color, draw in the relationship of each of the primary members of your family to God or the Church.
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