



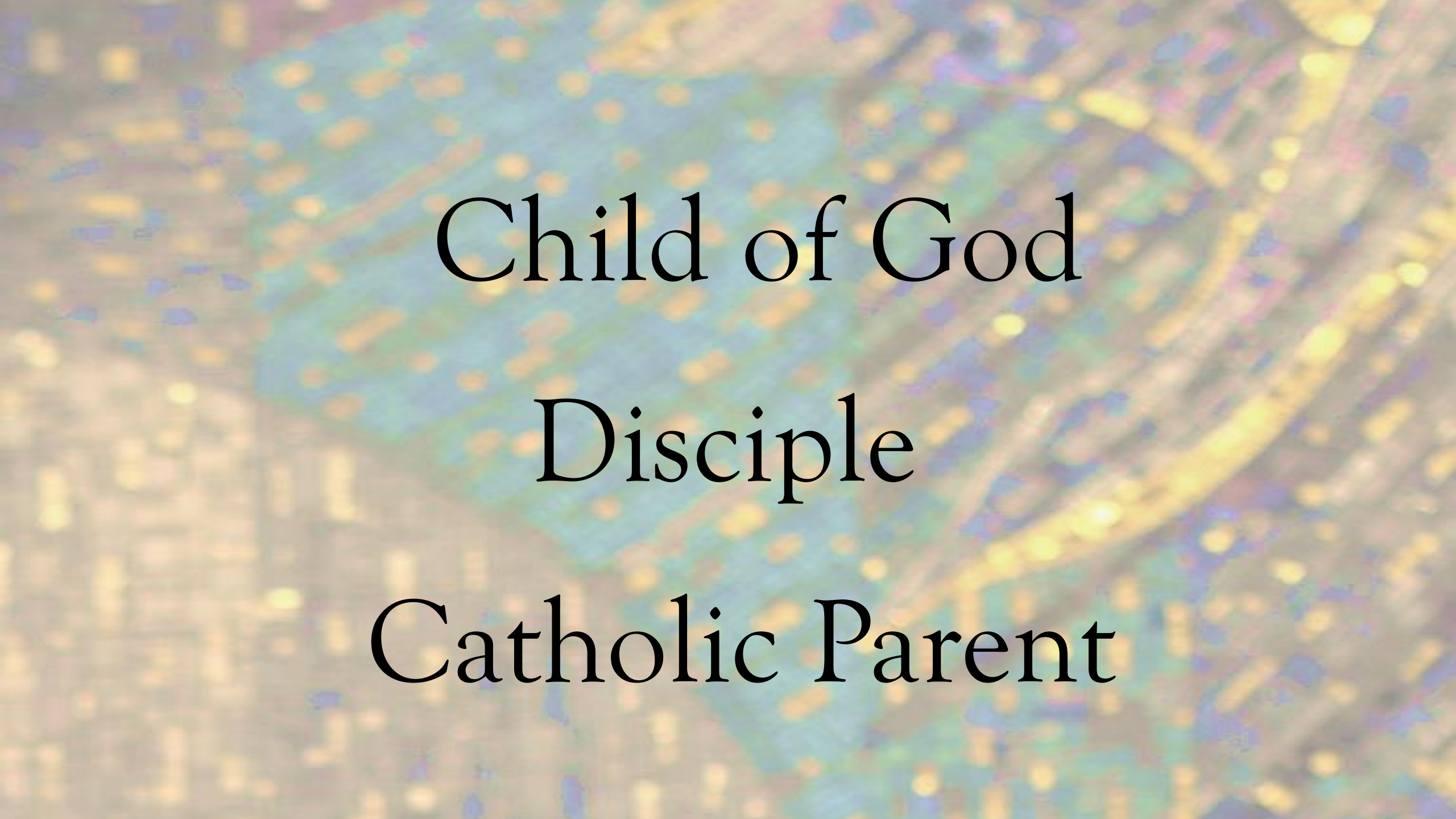
Aloha

Hawaii Summer Session 2

Jo Ann Paradise D. Min.



The Sacred Ground of Family Life



Child of God
Disciple
Catholic Parent

“Authentic Married love is caught up into divine love and is directed and enriched by the redemptive power of Christ and the salvific action of the church, with the result that spouses are effectively led to God” G.S. 48

Flows from Trinitarian love

Help each other grow in holiness

Transforms the world

Born For Love

Why empathy is essential
and endangered

Szalavitz and Perry

William Morrow Publishers

Created for Empathy

Triune Brain



Survival Brain

- Reptilian

Emotional Brain

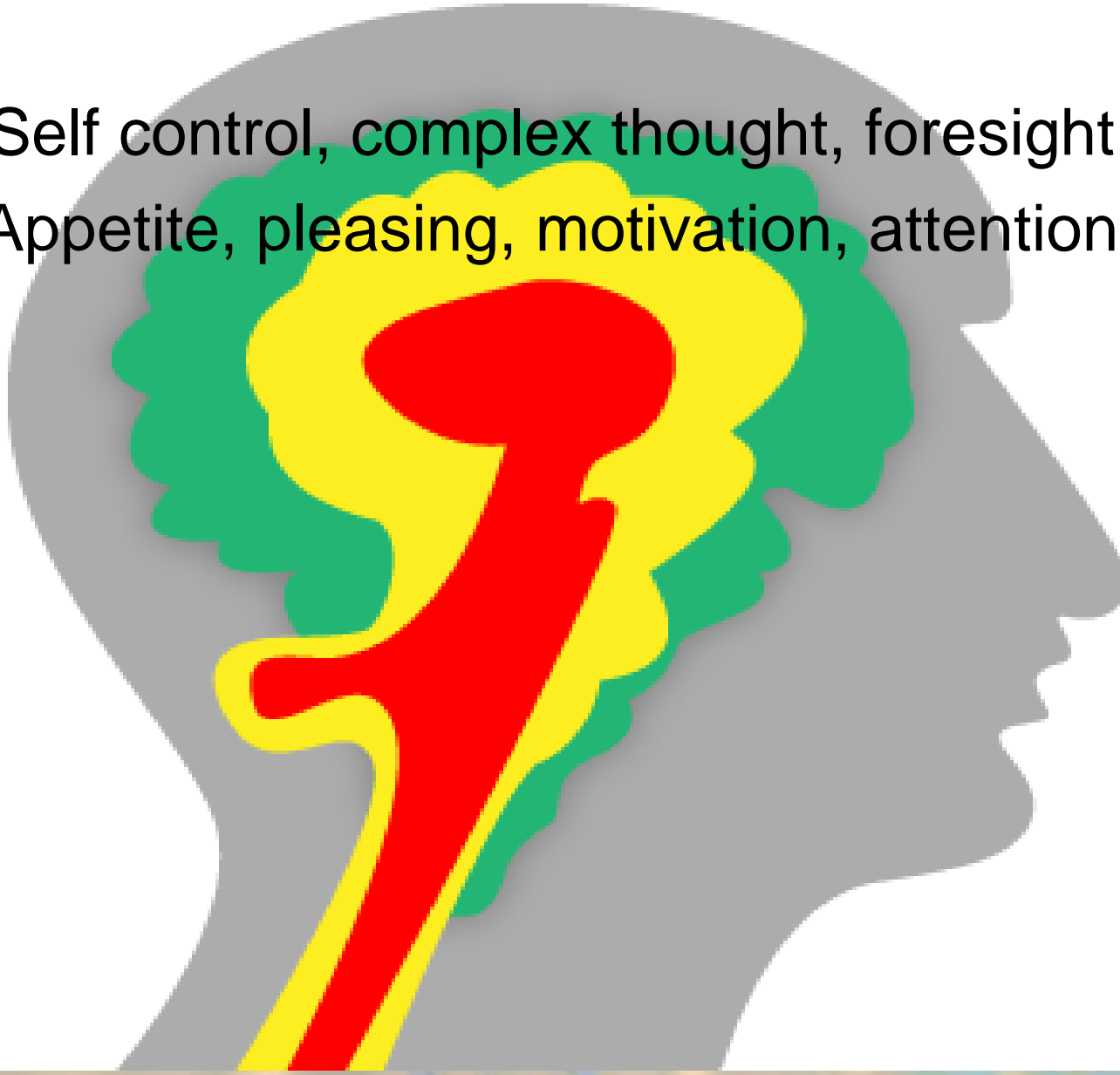
- Limbic

Thinking Brain

- Neo-cortex

Triune Brain

Self control, complex thought, foresight
Appetite, pleasing, motivation, attention



90% growth
in first
three years



Caregivers become
external stress regulator

Shape the architecture
of the brain

Release of oxytocin,
dopamine/endorphins

Infants Ages 0-3

Mirroring

We see world through another's eyes

Contagious Crying

Can't distinguish between another's
distress and their own









Empathy
feeling sorry “with” them,
not “for” them

Begins first as a set of inborn responses
with no distinction of self and other

Quickly moves to ability to sense
emotions of others
understanding of separateness

Parent/Child dance creates templates
that shape and color later relationships



God's Love

Free Gift

Eternal

Unconditional

Life-giving

Sacrificial

Re-evangelization must begin with:

Awakening

Encounter

Conversion

Understanding Baptism

Intimate Relationship Christ and Church

There can be no discipleship
without communion.

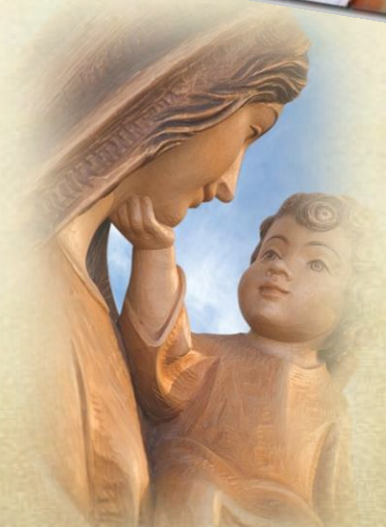
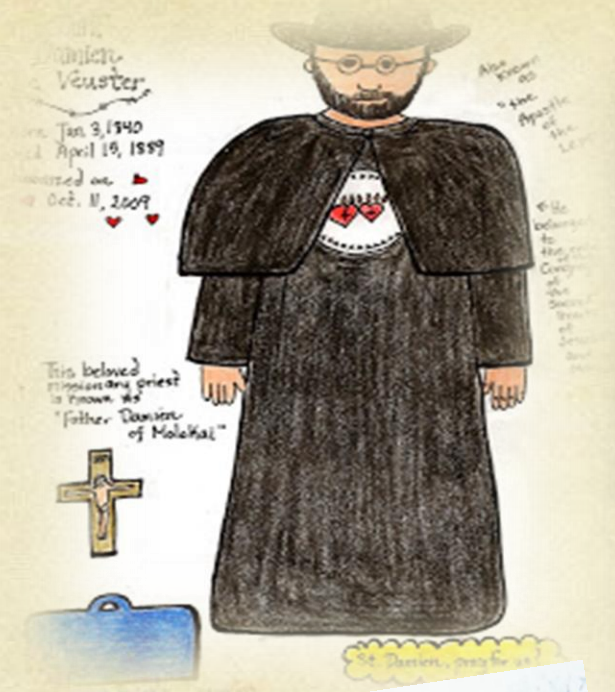
In Jesus Christ we become one
family of faith the universal family
of God in the Catholic Church.

Living as Missionary Disciples p.13



Ritual

Home Parish



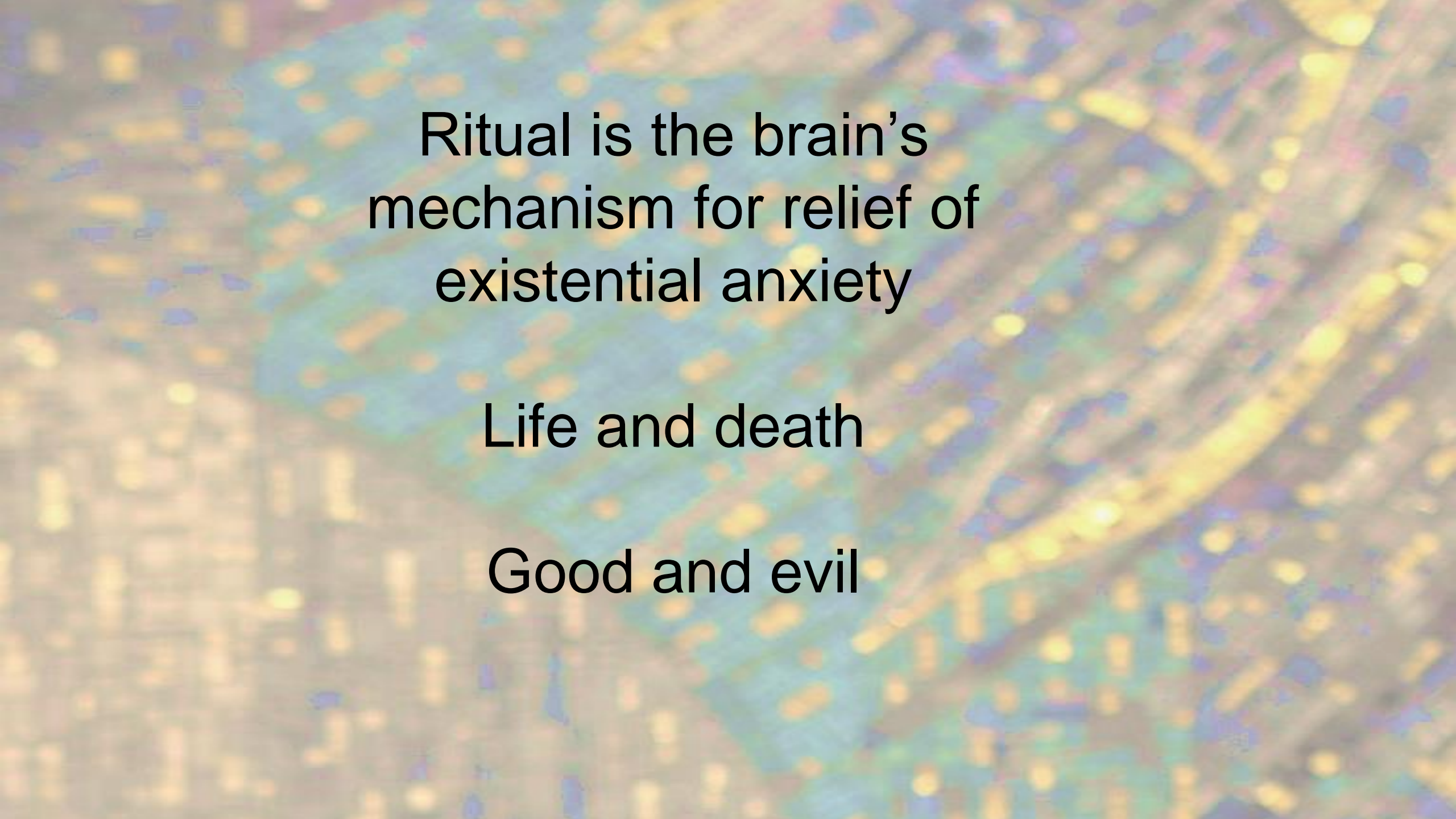
Ritual and the Brain

Andrew Newberg

Director of Center for Spirituality and the Mind
University of Pennsylvania School of Medicine

Eugene d'Aquili

Professor of Psychiatry and Anthropology of
Religions
University of Pennsylvania School of Medicine



Ritual is the brain's
mechanism for relief of
existential anxiety

Life and death

Good and evil



Arousal Area

Fight/Flee

Focuses the mind

Quiescent Area

Deals with nervous system

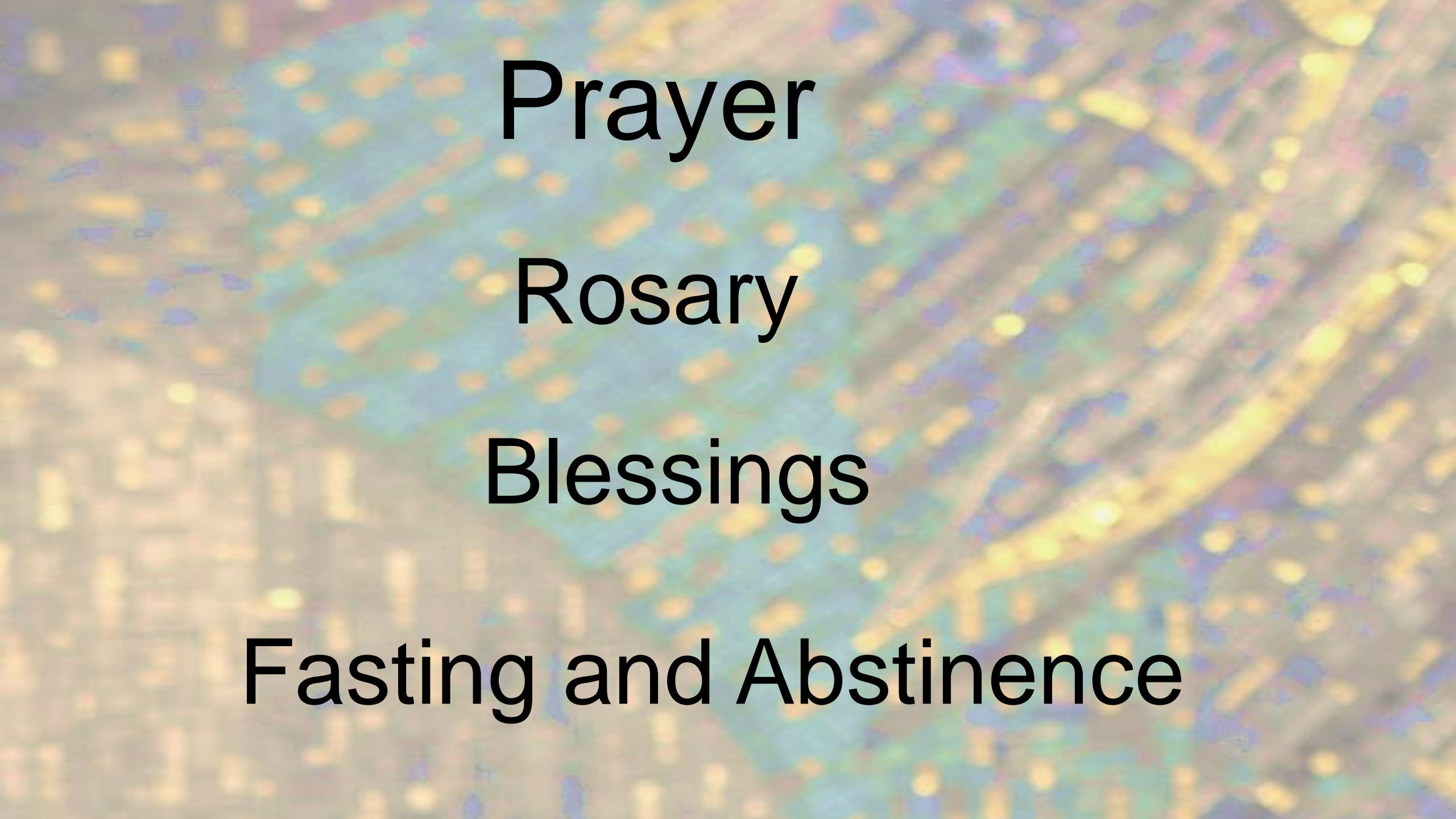
Provides rest equanimity balance



Mass

Devotions around the Saints

Benediction



Prayer

Rosary

Blessings

Fasting and Abstinence

How has your understanding of the sacredness of family life been affirmed or stretched by today's reflection?

In what ways will this information cause you to reconsider the focus of your faith formation offerings?

Brainstorm some ways you can help parents become aware of the vocation of parenting.



We have come to share our story.

Knowing my story gives me a
sense of identity

past

present

future

Connecting my story gives my life
meaning



Family stories

Cultural stories

Faith stories



Scripture unfolds salvation hi**STORY**

Story of God's love climaxes in
Jesus and continues in the Church



God chose a
storybook!

Integrated Family Catechesis

Every program, process, resource
offers an invitation to parents
to claim their identity.

Meet them where they are

YIKES!!!!

Facilitate the *awakening* of their spiritual hunger.

Connect joys and challenges of parenting to the *vocation* of parenting

Provide faith formation for parents

Equip parents with an understanding of child's capacity to process and understand the faith

Inspire parents to help their children grow in communion with Christ

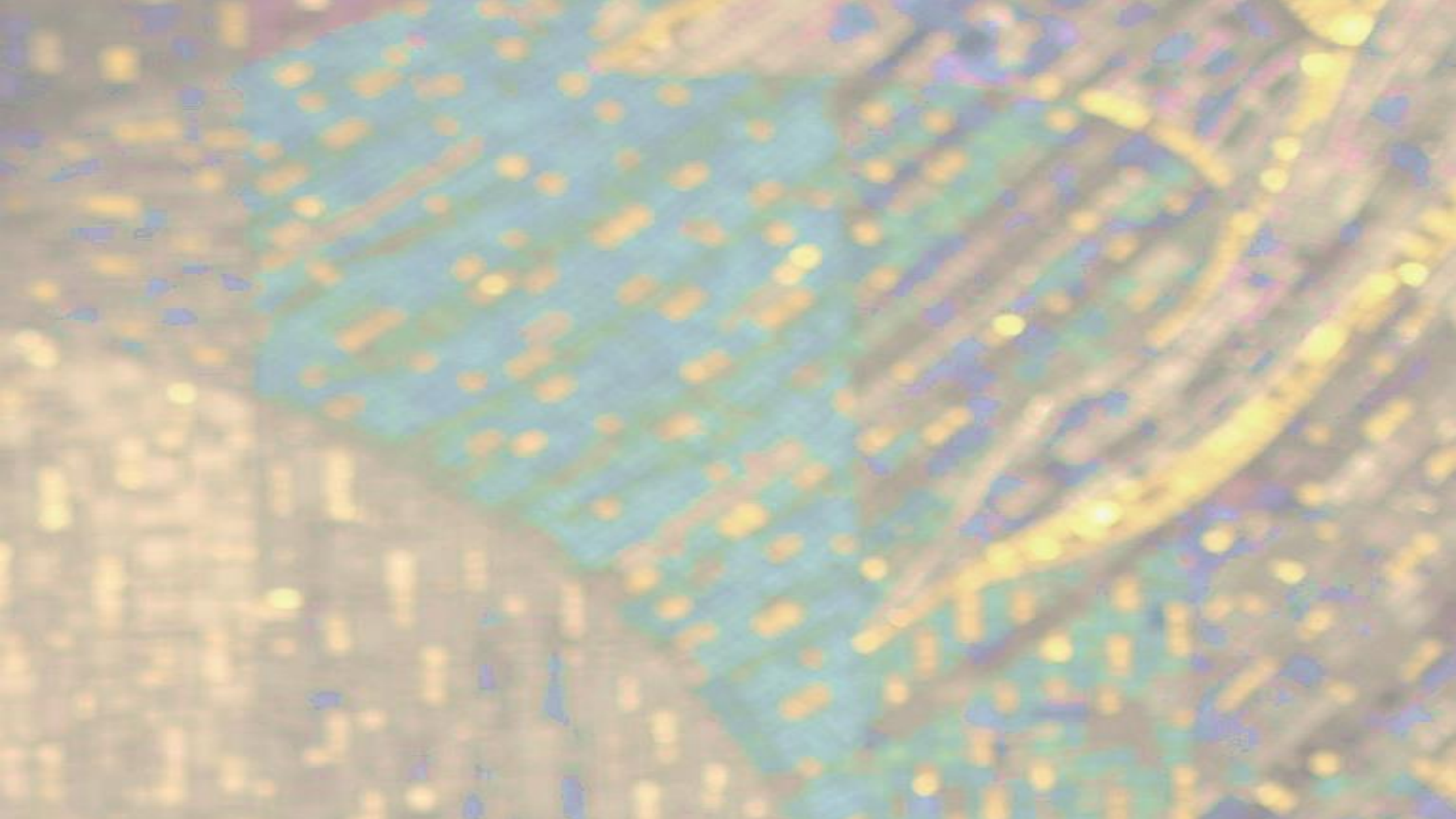
Awakening

Start with a question or reflective thought

Make room for the Holy Spirit

Make known God's truth revealed in the
Church

What difference does this make to my
child, my family?



Have you ever had the feeling that someone should be thanked?

Who do you trust to give you good advice?

Is it easier to show respect to a stranger or to someone in your own family?

Do you recall when you first realized that you didn't have all the answers?

How do children distinguish between what they want and what they need?

What is your favorite family story?

***Parents, Consider This:** This session may have caused you to think more deeply about the rules you make and keep in your family. It is important to recognize that all of the energy you spend in holding those boundaries and being consistent about consequences is a holy work. In those moments when you are exhausted, drained, and it would be so much easier to give in, remember to pray for the grace to love your child enough to say “No.”*

Parents need us to

Equip

Support

Affirm

Awaken

Evangelize

Catechize

Imagine a lived response