



ROMAN CATHOLIC CHURCH IN THE STATE OF HAWAII
DIOCESE OF HONOLULU
WITNESS TO JESUS

Creating a Sacred Home Environment for the Live-Stream Viewing of Mass
Fourth & Fifth Sundays of Lent: March 22 & 29, 2020

In the days prior to Sunday Mass:

- Read the Sunday readings from the Holy Bible at <http://usccb.org/bible/readings>
- If preferred, listen to the proclamation of the readings at <http://www.usccb.org/bible/readings-audio.cfm>
- Parents of young children: help your child prepare for the Mass readings by watching/discussing the child-friendly video at https://m.youtube.com/channel/UCJ-wL3_x_XbF--5a9rW3sg
- Consider setting up your online viewing area to allow for standing, sitting, kneeling.
- Set up a simple sacred space near your online viewing area to include a crucifix and Holy Bible. Additional touches would include a candle and purple cloth (the liturgical color for Lent) to adorn your sacred space.
- If needed, provide sufficient copies of the Mass texts for Lent. (Refer to the Mass texts on pp. 2 -3 of this document.)

Before Mass:

- Dress as you would for Mass - your Sunday best! Gather reverently at your viewing area and sacred space a few minutes early.

During the live-stream:

- Participate in the Mass, following the Mass texts.
- During the Communion rite – when we would receive the Precious Body and Blood of Christ – recite the Spiritual Communion prayer (provided in the Mass texts document below.)

After Mass:

- Share ways that you will live the gospel in the days ahead. Share the Good News with others through social media.

Mass Texts in the Season of Lent

Penitential Rite

Priest: Invocation..Lord have mercy. All: Lord, have mercy.

P: Invocation..Christ have mercy. All: Christ, have mercy.

P: Invocation..Lord have mercy. All: Lord, have mercy.

Creed

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages. God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,
[bow] *and by the Holy Spirit was incarnate of the Virgin Mary, and became man.*

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son, who with the Father and the Son
is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one baptism for the forgiveness of sins
and I look forward to the resurrection of the dead and the life of the world to come. Amen.

Preface Dialogue

The Lord be with you. And with your spirit

Lift up your hearts, We lift them up to the Lord

Let us give thanks to the Lord, our God. It is right and just.

Holy

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

Memorial Acclamation

When we eat this bread and drink this cup,
we proclaim your death, O Lord, until you come again.

We proclaim your Death, O Lord,
and profess your Resurrection until you come again.

Save us, Savior of the world,
for by your Cross and Resurrection you have set us free.

Lord's Prayer

Our Father, Who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Spiritual Communion Prayer

My Jesus, I believe that you are present in the Blessed Sacrament.
I love you above all things and I desire you with all my heart.
Since I cannot now receive you sacramentally,
I ask you to come spiritually into my heart.
I embrace you as if you were already in my heart
and unite myself to you completely.
Please do not let me ever be separated from you.