

**Office of Worship**  
**Diocese of Honolulu**

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**Revised Memorandum**

TO: All Priests and Deacons

FROM: Deacon Modesto Cordero, Director  
Office of Worship

DATE: July 27, 2017

RE: **REVISED MEMO: Bread and Wine to be used for the Celebration of Mass (NOTE: The Memo on this topic sent on July 26, 2017 should be discarded!)**

**BACKGROUND:**

On June 15, 2017, the Congregation for Divine Worship and the Discipline of the Sacraments sent a Letter to Bishops reminding them that *“the bread and wine consecrated during Eucharistic celebrations must be made of genuine wheat and grapes, unmixed and elaborated correctly.”*

Canon 924.4 in the *Code of Canon Law* requires that Eucharistic bread (hosts) must be unleavened and contain only wheat and water. The wine must be natural, from the fruit of the grape, pure and incorrupt, not mixed with other substances. It is altogether forbidden to use wine of doubtful authenticity. If you are interested in reading the letter, it is available on the Vatican web site:

[http://www.vatican.va/roman\\_curia/congregations/ccdds/documents/rc\\_con\\_ccdds\\_doc\\_20170615\\_lettera-su-pane-vino-eucaristia\\_en.html](http://www.vatican.va/roman_curia/congregations/ccdds/documents/rc_con_ccdds_doc_20170615_lettera-su-pane-vino-eucaristia_en.html)

**LOW GLUTEN HOSTS (for anyone suffering from intolerance to gluten)**

In 2003, the Congregation for the Doctrine of the Faith ruled that a **completely gluten-free host is invalid matter** for the sacrament.

However, they have determined that *low-gluten hosts are valid matter, provided they contain a sufficient amount of gluten to obtain the confection of bread without the addition of foreign materials and without the use of procedures that would alter the nature of bread*” (A. 1-2).

Bishop Larry Silva has granted permission to all priests with diocesan faculties to make decisions regarding the use of low-gluten hosts for the celebration of the Eucharist in our diocese. This permission will be included in the priests’ faculties the next time a revised version is sent out, but it is effective immediately.

Considerations should be given by clergy to occasionally teach the doctrine of concomitance, that is, that Christ is wholly present – Body and Blood, soul and divinity –

under each Eucharistic species. This means that if a person receives only one species, he or she still receives Christ fully, as taught by the Council of Constance in 1415.

Attached we are providing a list of suppliers for low-gluten hosts.

Please feel free to contact me at the Office of Worship, 808-585-3342 or email at [mcordero@rcchawaii.org](mailto:mcordero@rcchawaii.org) should you have any questions.

Blessings!

Resources:

**Low-Gluten Hosts**

(37 micrograms of gluten, less than 0.01%)

Congregation of Benedictine Sisters of Perpetual Adoration  
Altar Breads Department  
31970 State Highway P  
Clyde, MO 64432  
Telephone: 1-800-223-2772  
Email: [altarbreads@benedictinesisters.org](mailto:altarbreads@benedictinesisters.org)

St. Anthony Retreat Center  
Attn: Sr. Ivy Yim, SS.CC.  
3351 Kalihi Street  
Honolulu, Hawaii 96819  
Telephone: (808) 845-4353